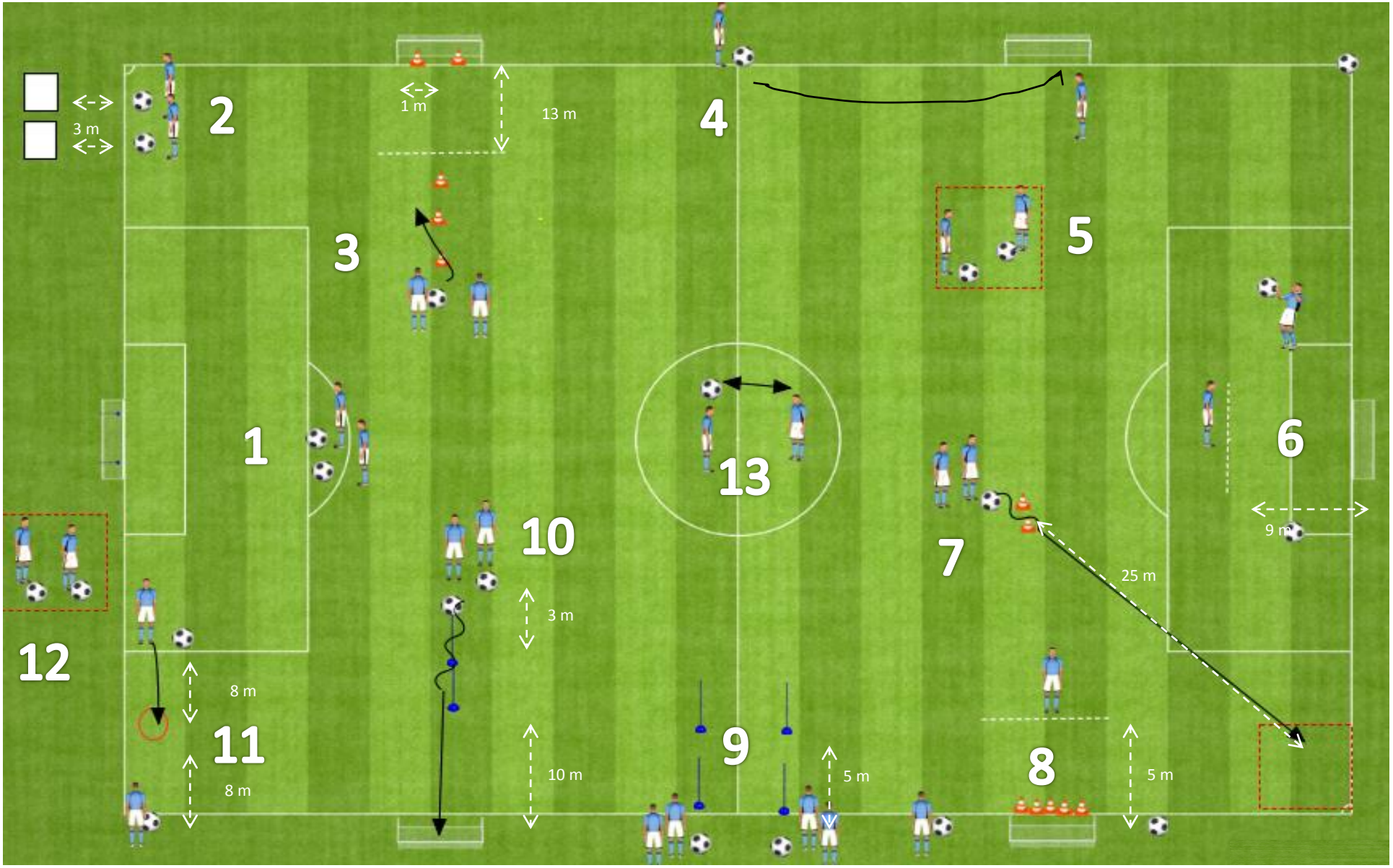Parcours Défi foot